

**Rotary**  
Club of Bangalore Oasis



District ID : 3190 | Club ID : 90313

Volume 2, Edition 1, July 11, 2020

# the **RBO** Digest

## Rotary Club of Bangalore Oasis

Installation of President and Board of  
Directors for the year 2020-21

The RBO members meet on the first and third Friday evenings each month on zoom e-meetings online or at the Panchayat hall, Rajanukunte, Bengaluru, 560064.

### CONTACTS

President - Rtn. Paramaguru Sambandam : +91 9916449329

Secretary - Rtn. Ramana Annavarapu : +91 7338733649

RBO email ID : [rotaryoasis@gmail.com](mailto:rotaryoasis@gmail.com)

RBO website : [www.rotarybangaloreoasis.org](http://www.rotarybangaloreoasis.org)

## Contents

- Editorial | Pg 2
- RI President's message | Pg 3
- District Governor's communiqué | Pg 4
- A few words from the District Secretary | Pg 5
- The Assistant Governor's message | Pg 5
- The Immediate Past President reminisces | Pg 6 & 7
- From the RBO President's desk | Pg 8 & 9
- The Secretary's note | Pg 10
- RBO Board members | Pg 11
- Directors, Committees & Chairs | Pg 12 & 13
- RCC & Rotaract leaders | Pg 14
- Rotary Snippets | Pg 5, 7, 9 & 10
- Welcoming our new members | Pg 14
- RBO projects - Benches & Gift a Mask | Pg 15 & 16
- Masking it up | Pg 16
- The pandemic stories | Pg 17 & 18
- Oasisianns Unplugged - Ruminations | Pg 19
- Mental health matters | Pg 20
- Rotary Fellowships | Pg 21
- From the Rotary vault | Pg 22
- Congratulations & Celebrations | Pg 23
- Humour me | Pg 23

## Editorial

Ahoy peeps!

Welcome to the new Rotary year of 2020-21. After the outbreak of COVID-19, a calamity that caused significant human suffering and global economic disruption, it is time for recuperating and healing. It is also time for the installation of the new RBO team and publish the first edition of our e-zine - The RBO Digest, the first one this year.

We start with good wishes coming our way in the form of messages from Rotary International President Rtn.Holger Knaack, followed by the District Governor Rtn.Nagendra Prasad. The District Secretary Rtn.Arun Belur has a note for us, as does the Assistant Governor Rtn.Mukund Pandurangi. Thank you gentlemen.

Rtn.Hemant Sharma, our Immediate Past President has a turn at reminiscing his charter year at RBO.

Rtn. Paramaguru Sambandam as the second President for RBO, takes charge and shares a few thoughts. Our new secretary for the year Rtn. Ramana Annavarapu has a message too.

Moving on we introduce to you the board members of the RBO team for the current year, the avenue directors, the committees, their chairs, our Rotaract and Rotary Cadet Corps leaders. We are also welcoming two new members to the RBO family.

The pandemic which blew across the world, catching us unawares, has shown that we need to restore lost connections for a more compassionate community, because all things are bound together. Our emotional, psychological, and social well-being affects how we think, feel, and act. We have a couple of RBO stories along these lines and this includes the Rotary projects. Do read.

From the Rotary vault, we've shared a few snippets of information dotting several pages of the e-zine, plus a feature on Rotary fellowships and the Rotary wheel. A little rumination under the Oasisianns unplugged section plus a talk about how mental health matters. Then we have a few COVID-19 do's and don'ts about masks. We close out by celebrating birthdays and anniversaries of our RBO family signed off by a wee dose of humour.

While being locked up during the pandemic and dealing with the new feelings of insecurities and helplessness, one could not help but think of the differently-abled and incarcerated fellow beings living in confined spaces. On how they've used their situation to enable themselves to stay physically, mentally, and spiritually well. Something to learn from and to acknowledge. We trust and hope that wherever they are, may they stay safe, happy, healthy and may we honour their lives.

The post-COVID world has dramatically reorganized our existing set of priorities and engagements.

Do you think that maybe this is the time that we do **not** get desperate to rebuild the past? But open our minds to learn what we can do better and to learn fully what kind of a new world we want ours to be?

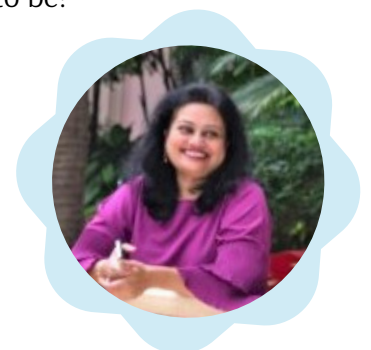
We can all play our parts. Small acts that add up to sustain a rejuvenated and renewed world that is getting created now.

So this then begs the question, can I open myself to that? Can you? Can we?

With cheers & chutzpah,

Lizzie C Lewis

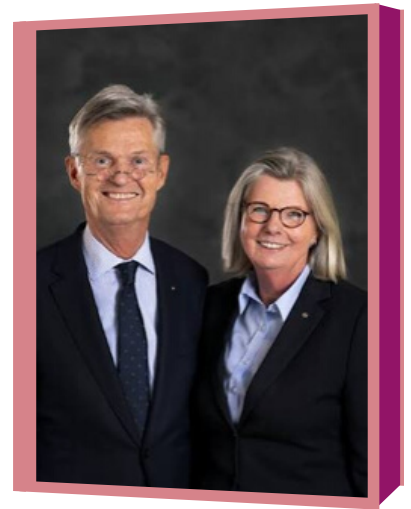
Editor - The RBO Digest | Cultural Committee RBO



## The Rotary International President's message

Dear Rotarians, Rotaractors, and friends,

This does not seem like a time for great optimism, but it has to be. Long before Rotary was founded, the world dealt with great crises that tested humankind's ability to progress and endure. In the age of Rotary, the world has faced many more catastrophes; however, we have survived, and every step of the way, Rotary has helped the world heal. Every great challenge is an opportunity for renewal and growth. I revealed the theme of **Rotary Opens Opportunities** at the International Assembly in San Diego just as the COVID-19 crisis was beginning, but these are words that I have believed for many years.



Rotary is not just a club that you join; it is an invitation to endless opportunities. We believe in creating opportunities for others and for ourselves. We believe that our acts of service, large and small, generate opportunities for people who need our help, and that Rotary opens opportunities for us to live a richer, more meaningful life, with friends around the world, based on our core values.

Governments and institutions are gaining a greater appreciation for the types of public health partnerships that are critical to our work. People stuck at home, eager for greater connections and hungry to help their communities, are now embracing the values we have promoted since our beginning.

All of this is positive news, but just because there are greater opportunities than ever for Rotary to thrive does not guarantee that we will succeed. The world is changing rapidly – and was doing so even before this crisis. People were starting to move away from regular lunch meetings and toward online gatherings. Friendships were being cultivated and revived in social media relationships even before most of our meetings moved to Zoom and Skype. Younger generations have a strong desire to serve – but have questioned whether they could play a meaningful role in organizations like Rotary or whether they might make a bigger impact forming different types of connections. Now is the time to put everything on the table, test new approaches, and prepare Rotary for the future.

The COVID-19 crisis has forced all of us to adapt. This is good, and our new Action Plan specifically calls on us to improve our ability to adapt. But adaptation is not enough. We need to change, and change dramatically, if we are to face the challenges of this new age and provide the Rotary that the world so desperately needs.

This is our great challenge, not just in the next year but into the future. It is up to us to remake Rotary for these new times – to wholeheartedly embrace the ideas, energy, and commitment of young people eager to find an outlet for idealism. We must become an organization fully enmeshed in the digital age, not one that simply looks for online ways to keep doing what we have always done.

The world needs Rotary now more than ever. It is up to us to make sure that **Rotary Opens Opportunities** for generations to come.

Holger Knaack  
President, Rotary International

## The District Governor's communiqué

Dear Sky Rockers,

Warm Greetings to you from RI President Holger Knaack & Susanne!  
I would like to congratulate TEAM DAZZLERS for their Dazzling Rotary Year. Despite these challenging times, the team has put together a wonderful year. A true Rotarian is one who contributes to the community, especially during the times of need to make the world a better place.

While the nation was under lockdown, our COVID warriors of 3190 were out on streets providing - meals, dry rations, clothes, toiletries, masks, sanitisers and other essentials to the stranded and the needy.

Your club's committed participation in the recovery and reconstruction for our society is undoubtedly appreciated. While COVID-19 imposed many challenges, we ensured to transform these challenges into new opportunities. For instance, the training programs for the year 2020-21. While in-person training was not possible, we organised video conferencing calls for majority of our training programs.

I appreciate and applaud the Sky Rockers Team for adapting to these online training programs. Furthermore, I am proud to mention that RID 3190 was the first District in the entire world of Rotary to conduct full-fledged training programs online.

Congratulations to District Trainer PDG.K.P.Nagesh for successfully completing all the mandatory training programs and many more. I thank each one of you for your active participation in it.

**Rotary Opens Opportunities.** The current situation has brought to light unique events that can be conducted to serve the community. Therefore let's join together to focus on environment and agriculture to create a positive impact and make a difference in the society.

We have lined up various projects for the Rotary year 2020-21. Some of them being - Kamadhenu, Kalpavruksha, tree planting, blood bank, school benches, solar lamps, lake rejuvenation, vocational training programs, RYLA and women empowerment.

As RI President Holger Knaack says, "*Everything we do opens another opportunity for someone, somewhere*". I would like to invite you for your active participation in these projects to create a significant outlook for the rest of the community.

RI President Knaack wants clubs to focus on keeping current members engaged and adding new members who are the right fit for your clubs. I appeal to all of you to work towards 100% retention while looking for organic growth of your Club membership.

Let us also encourage Youth in Rotary, Women in Rotary and support our Rotaractors and Interactors in their activities. I request your whole-hearted support for the District Conference 'Darbar' and Bandhana, ICGF registrations, learning opportunities that would get the show on road as soon as the pandemic comes to a halt.

Rtn. Meera Prasad and I wish you success in all your endeavours and assure you the best of our support. Stay Safe.

Yours in Rotary,

Rtn. Nagendra Prasad

District Governor, RI Dist 3190.



## The District Secretary's note



Dear Rotarians,  
I sincerely appeal all of you to actively participate in all the programs, so that we can serve better.

Your grit and selfless involvement in rotary programs can give boost to the philanthropic purpose of life which will nourish your heart with boundless joy and peace.

Thank you.

Warm regards,  
Rtn. Arun Belur  
District Secretary - Dist 3190

### Did you know?

A Rotary Minute is a monthly video series that features Rotarians around the world, sharing their thoughts about topics that interest them.

## The Assistant Governor's message



My dear Rotarians of Rotary Bangalore Oasis,

Warm Greetings from our beloved DG and the entire district team.

Hearty congratulations to President Rtn. Paramaguru and all the members of Rotary Bangalore Oasis.

I am very sure that your club is all geared up for the new Rotary year 2020-21. Last few months have been very challenging and we Rotarians are very proud of our contribution in these unprecedented times. Many of our Rotarians have gone out of the way and served the society as true Covid warriors. Your club has been one among them who have been able to group together and reach out to many people, identify their needs and assist them by providing the daily needs during this on-going pandemic crisis.

Your club has been doing a lot of work to the community through various innovative programmes. Rotary certainly needs such dedication and it has opened several opportunities to each one of us in doing well to the humanity at large.

Let us all have a great Rotary year ahead and looking forward to be associated in all the projects of the club.

Rtn Mukund Pandurangi  
Assistant Governor- Dist 3190

## The Immediate Past President reminisces...

Dear Fellow Rotarians,

We have reached the curtain call signalling the end of Rotary year 2019-2020 on what has been a year of learning, serving and connecting.

I want to go back to the formation of Rotary Club of Bangalore Oasis (RBO) by like-minded persons. Some of whom were Rotarians from various Rotary clubs and some, who are my friends from Rajanukunte. We felt the need to come together to serve our community at large, especially in and around Rajanukunte.

With the formation of RBO, there was a clear and straight forward objective to serve the community, particularly the people in all the villages of the Rajanukunte panchayat. This was and continues to be the focus.

Reviewing our activities as a brand new Rotary club, RBO was chartered on 24th June 2019 and formally installed on 30th August 2019. I feel gratified to state that we have kept the promises made to a great measure.

Organizationally, RBO quickly established the Rotary Community Corps of Rajanukunte (RCC), the Rotaract Club of Presidency University, and the Rotary Bangalore Oasis Rajanukunte Charitable Trust. Groundwork was completed to start a Vocational Skills Training Centre under the aegis of the Presidency University and led by RBO's Vikram Samsi.

Cleaning & Greening the environment were the very first projects among the other service activities undertaken by Mrs. Usha Narayanan, President RCC with other RCC members and volunteers.

Furthermore, it is with pride I want to share that RBO successfully completed

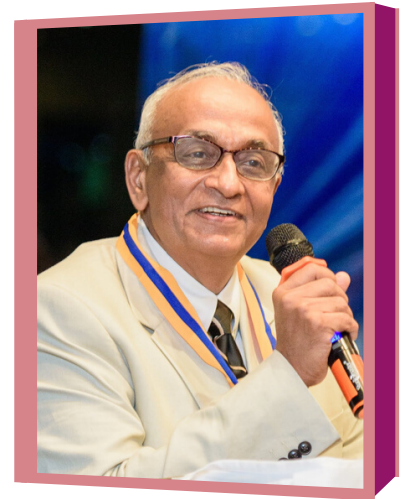
- a rural ramble, the Oasis Gramathon, led by PE Paramaguru Sambandam
- provisioning of multi-lingual keyboards to the Rajanukunte Govt School and also facilitated the Digital Library, led by Paul Mundackal
- TEACH projects led by Anand Kumar which had sessions for teachers and students of the Rajanukunte government high school, WIN's program, reusable pads and menstrual health for girl students and pulse polio immunizations.
- a breast cancer detection camp by Jayaram Rangan and myself and finally
- the Bench Project by Jayaram Rangan, Vikram Samsi and other philanthropists outside of RBO.

Apart from the service projects, we also took time to get together and connect socially.

There were social evenings held to further strengthen the fellowship and camaraderie among the members of the RBO family. Lizzie Lewis created the Oasisians, a group for the Rotarian anns where they meet monthly and bond. Editions of our e-zine, the RBO Digest published were well received and appreciated.

While all this was happening within the country, PP Arun Bhagra kept the RBO flag flying high abroad. We made our presence felt across a few Rotary clubs across the US and Mexico.

But the most important contribution of RBO was yet to come.



## The Immediate Past President's message contd.

With the Covid-19 pandemic suddenly upon us. It left a lot of people from other states who had come to Bengaluru for work stranded. With all states and their borders in lockdown they had nowhere to go to. RBO's Anand Kumar worked tirelessly to make sure that the migrant population was looked after.

Ably supported by PP Paul Mundackal and PE Paramaguru Sambandam, they worked in close liaison with the local Rajanukunte Panchayat represented by Mr. Rajesh, the Panchayat Development Officer and his team. We also had RCC members, Mr. Harish of People's Trust, other RBO members and a few philanthropic citizens in the neighbourhood who rallied around through monetary donations, rations and volunteering their time and service.

These temporary guests were housed at the Rajanukunte Government school until it was made possible for them to return safely to their own states. An average of 200 to 400 migrants, their families and other needy people were fed each day. We started this on 30th March until 29th May 2020. I salute everyone responsible for this laudable humanitarian gesture.

During the District Governor's Official Visit on 2nd March, 2020, our DG Dr. Sameer Hariani, appreciated the progress made by RBO in our charter year and gave us valuable inputs for the future. These have been well received.

I take this opportunity to acknowledge the support by our sponsor club, Rotary Club of Bangalore by President Dr. Elizabeth Cherian, their members and GSR Ramkumarr Seshu.

I also want to thank specially Assistant Governor Shivanand Bellare who was our well wisher, guide and friend whenever the need arose.

A big thank you to all members of the RBO family. We could not have achieved what we have without your support. It has meant a lot. Truly appreciated.

I am very confident that the new team led by our new President Paramaguru Sambandam will take the club to new heights. On behalf of the outgoing team, I wish the best to the incoming team.

I strongly believe that the future augurs well for RBO and I look forward to witnessing RBO growing from strength to strength. I'd like to duly recall a few inspirational words from Edward F Cadman, Rotary International President 1985-86, before I sign off.

Where there is a starving child, a weeping mother-Rotary can be there.

Where there is a cataracted eye, a crooked limb, a need for medicine, braces, surgery- Rotary can be there.

Where there is the sigh of the lonely, the despair of the isolated- Rotary can be there.

Rotary is the sanctity of fellowship, the love of brotherhood, the warmth of trust.

Thank you all.

Yours in Rotary,

Hemant Sharma  
Immediate Past President & Charter President  
Rotary Club of Bangalore Oasis

### A few famous Rotarians

- Warren G. Harding, U.S. President
- Dr. Charles H. Mayo, co-founder of Mayo Clinic
- Thomas Mann, German novelist & Nobel laureate
- Jean Sibelius, Finnish composer
- Sir Harry Lauder, Scottish entertainer
  - Franz Lehar, Austrian composer

## From the RBO President's desk

Dear fellow Rotarians and friends,  
 Joining Rotary has changed my life and given me more friends and opportunities to devote time towards worthy causes for the community. First things first. Let me take this opportunity to thank each and every Rotarian who puts **Service Above Self** and proved that we are the **People of Action** during these difficult times of Covid -19.

It has been four fulfilling and heartfelt years of my life as a Rotarian; As a President I take this as an opportunity to build and consolidate our Club and this can only be made possible with all your enthusiastic support as a team.

Whilst each of us could be having different reasons for being a part of this Rotary family, I feel that what makes us special is our shared values of service, fellowship, diversity, integrity and leadership. The bond we could develop amongst us over the past year in this Club is forged from these shared values which generates a positive multiple ripple effect on all that we do.

I see four things interlaced in Rotary - *Fellowship & Friendship, Membership, Projects and Foundation giving.*

We come together during our Fellowship sessions and make our friendship stronger for the benefit of the community and ourselves. We will achieve this by having more family get together and involving family members in the projects we execute.

Growing Membership is another aspect we will be focusing on this year. We will achieve this by organizing events in the communities around us showing the good work we do around this community and each one of us serving as brand ambassadors of Rotary.

On the Project front will continue with the Ongoing Projects like Breast Cancer Awareness and Screening and Happy Schools as well as identify and execute projects which are Bigger, Bolder and Better with the involvement of other Clubs, District, the Foundation and the Community.

The Rotary Foundation cannot become stronger unless we contribute regularly. So I would request every Rotarian to contribute to the Foundation which will enable them to become PHFs and garner more recognitions in future.

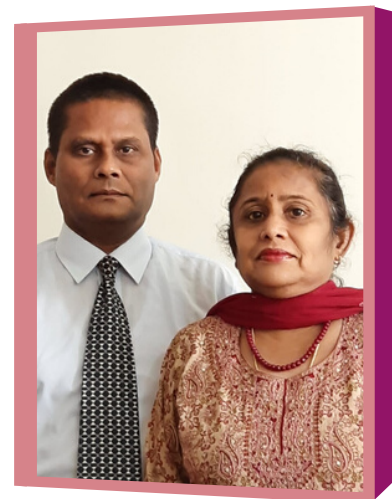
To achieve this let us all take a gentle pledge that this year we will,

- participate in all the fellowship activities the club organizes
- introduce at least ONE member
- get involved in at least ONE Community Project of your interest and
- contribute at least ONE Hundred US Dollars.

Apart from the above we as a new club in the community should build a strong Public Image of our Club as well as Rotary. We will be achieving this by positioning Rotary sign boards, by involving in the community needs and making our presence in the web, social media and through the publications.

On the RCC front would like to thank the RCC President Madam Usha and her team on contributing towards the upliftment of the community in all aspects in all the years to come.

As for Rotaract and Interact, we shall together do our best to identify and add two clubs each.





## The President's message contd.

I am happy and gifted to have a board of experienced Past Presidents and enthusiastic Rotarians who are eager to serve. I look forward to another exciting and fun year ahead with all of you. Together as Rotarians we shall **Open Opportunities** for ourselves in the services and the businesses we do and engage in meaningful projects that will serve the community at large.

Last but not the least, I would like to thank our Charter President Rtn. Hemant Sharma on completing his tenure with so many achievements and will assure him that we at least keep up with the pace.

Ann Rtn.Yaso Padala joins me in wishing all the members of Oasis family a memorable and satisfying Rotary Year to cherish !!

Many thanks.

Yours in Rotary,

Paramaguru Sambandam | President  
Rotary club of Bangalore Oasis

### Need reasons to join Rotary?

How about Friendship, Business development, Personal growth, Leadership skills, Opportunity to Serve, Public speaking, Citizenship in the community, Continuing education, Family programs, Assistance when travelling, Cultural awareness, Development of strong ethics, Entertainment, Prestige, Nice people and most of all FUN.



## Pointers from the RI Board during the global COVID-19 pandemic

- The RI Board, in response to the global COVID-19 pandemic, agreed to general principles at their April meeting. Some highlights:
- The health and safety of all participants in Rotary programs, meetings and events is of paramount importance.
- No in-person meeting or event shall be mandatory for any Rotary participant who may feel uncomfortable attending because of the pandemic.
- All convenors and organizers of Rotary meetings are strongly encouraged to consider all health concerns in deciding whether to hold in-person meetings.
- All RI Board meetings, committee meetings shall be conducted virtually (and not in-person) for the remainder of the calendar year 2020.
- 2020 Rotary Institute convenors are authorized to decide whether to conduct their institutes and governor-elect and governor-nominee training in-person or virtually.
- RI shall not fund the expenses of any president's representative to a district conference for the 2020-21 Rotary year. If a district requests a president's representative, the president may appoint one from the same region of the world in which the district is located, at no cost to RI.
- Governors and regional leaders are strongly encouraged to use virtual meetings for club visits, training seminars and other events that occur during calendar year 2020.
- To avoid increased risk to Rotarians and their families, consider canceling or postponing non-essential travel or large gatherings.
- Any Rotary-funded travel, including grant recipients, Rotary Youth Exchange participants, and Rotary Peace Fellows, have been canceled for the time being.

## The Secretary's note

Fellow Rotarians of RBO,

Let me begin by thanking the Charter team of our Club for the tremendous achievements during the year. It is not easy to start a new club and also establish it as a force to reckon with in the community through the service projects executed - all in less than one year.

I am extremely grateful to have the opportunity to serve this club as its Secretary so early in my Rotary journey. One of the key reasons behind my decision to join the club last year was to build new relationships and to leverage opportunities to serve the needs of the communities we live in.

I am happy that these objectives are being met.

I look forward to getting to know all of our members during the course of the year and recommend that all of you do the same. I strongly believe that the key to our success in the coming years will be the foundation of fellowship and sense of belonging that we build now. This will not be possible if we do not truly enjoy our relationships with each other.

As we enter the new Rotary year, I would like to ensure that we become an even more “vibrant” club that is demonstrated through the involvement of all club members in the service projects we execute, while also becoming a cohesive family with all members (and their families) pulling the club forward in a common direction.

While we have already built a number of strong processes in the first year of the club’s existence, there are still areas that need attention and we will endeavour to build these out as well – and look to experiences of other clubs as we do so.

I would also encourage all our club members – especially those that are relatively new to Rotary (like me) – to start interacting with Rotarians in other clubs so that we can learn from each other's experiences.

Regards,

Ramana Annavarapu | Secretary  
Rotary club of Bangalore Oasis



### Rotary's founding fathers

The four founder Rotarians (from left): **Gustavus Loehr**, **Silvester Schiele**, **Hiram Shorey** and **Paul P. Harris**.



### About major Rotary events during the COVID-19 pandemic

Rotary has cancelled all major events due to the COVID-19 pandemic in 2020. This includes the Rotary International Convention in Honolulu, Hawaii, all presidential conferences and other affiliated programs. People who have registered will receive an email from the organizers about details for refunds (where required) with additional details as relevant. This decision is necessary to protect the health of everyone involved.

To know more about these events, past and future, [click here](#).

## The RBO Board members for 2020-21

A warm welcome to the new board for Rotary club of Bangalore Oasis. A collective passion for Rotary is at the heart of everything that brings this board together.

Different strengths, talents and abilities, help create a synergy in making the sum bigger than the individual. Knowledge plus a mindset to take the club forward is another requisition that everyone has in common. Serving on the board needs time, dedication and a sense of humour that helps to keep everything fun and sometimes diffuse tense situations (if any).

We as members of the club appreciate that muchly. Lady and gentlemen, many thanks!



**Paramaguru Sambandam**  
Role: President



**Hemant Sharma**  
Role: Imm. Past President



**Anand Kumar H.R**  
Role: President Elect



**Jayaram Rangan**  
Role: Vice President



**Ramana Annavarapu**  
Role: Secretary



**Aparna Annavarapu**  
Role: Treasurer



**Babu R.T**  
Role: Sergeant-at-arms

### Rotary months in 2020-21

July 2020 - New leadership month  
 August 2020- Membership & New club development month  
 September 2020 - Basic education & Literacy month  
 October 2020 - Economic & Community development month  
 November 2020 - Rotary Foundation month  
 December 2020 - Disease prevention & Treatment month  
 January 2021 - Vocational service month  
 February 2021 - Peace and conflict prevention / Resolution month  
 March 2021 - Water and Sanitation month  
 April 2021 - Economic & Community development month  
 May 2021 - Youth Service month  
 June 2021 - Rotary Fellowship month.

## The RBO Club Directors



### Sriram Govindarajan

**Role: Club Service & Administration | E-channel**

Oversees, strengthens and administers the regular running of the club, its meetings, attendance and fellowship activities, is responsible for e-channels, monthly club newsletters. Added role - Virtual meeting co-ordinator.



### Vikram Samsi

**Role: Vocational Service**

Develops projects that promote and improve the general standards of practice in vocations in the local and wider communities. Involves club members in serving others through their professions and expertise where necessary.



### Vinay Anand

**Role: Community Service | Service Projects**

Develops and implements projects that benefit the local community affiliated with the club. Environment projects are another responsibility. Makes sure all the processes & approvals for the service projects are adhered to.



### Arun Bhagra

**Role: International Service | The Rotary Foundation (TRF)**

Encompasses efforts in developing partnerships with foreign clubs and educate members about the range of our International humanitarian programs. TRF responsibility is to plan financial contributions and program participation from the club to support the foundation.



### Mohan Kumar A.

**Role: Youth Service**

Develops and implements educational and support projects that address the needs of young people (Rotaract and Interact) through youth programs. Recognition of their achievements through scholarships and awards to be achieved & plan International youth exchange programs where possible.



### Hemant Sharma

**District Role: District Solar Energy Committee member**

**RBO Club Role: Corporate Social Responsibility (CSR) | Fund Raising**

Co-ordinates fundraising projects & also develops a plan to continually generate & investigate possible new ideas to generate funds. Corporate Social responsibility is the club's commitment to provide a positive social value within the community.

## Committees, Chairs & Sub-committees



### Paul Mundackal

**District role: District Governor's Aide**

**RBO Club Role: RCC Co-ordinator | Club Mentor**

The RCC coordinator is the conduit & advisor for RBO and RCC members for planning and actioning community projects. The club mentor acclimates & guides members to become well informed, active & lifetime Rotarians.



### Sarajeet Singh

**District role: Assistant Governor**

**RBO Club Role: Club Trainer**

Works with Rotary leaders at the club and district level to create training programs to support the club's needs. Also uses Rotary resources to help the club thrive and develop members into future club leaders.



### M.J. Mathews

**Role: Membership Chair | Club Advisor**

Develops and implements a comprehensive plan for recruitment, retention, development, engagement and welfare of members. The club advisor assists the club leadership in formulating long-range goals. This also includes planning, initiating and evaluating short term projects.



### Anand Kumar

**Role: TEACH | Literacy Committee**

Responsible for the five projects under TEACH - Teacher support, E-learning, Adult Literacy, Child Development and Happy Schools. Added role is of a Water warrior, to promote ways in conserving water. Practising and sharing how to use and re-use water efficiently towards a better future and for our environment.



### Ruby Singh

**Role: Public Image**

Promotes Rotary to the general public by way of sharing news of the club's service projects and other events. Helps increase the public's and general understanding of Rotary, to strengthen our ability to make an impact in communities. It can be as simple as wearing your Rotary Pin too.



### Lizzie C Lewis

**Role: Cultural Committee | The RBO Digest**

Works closely with club services to plan and promote cultural and social events as deemed necessary by the club. Is the official representative for the Oasisians wing & all activities planned thereof. Will be responsible for two editions of the RBO Digest, a compilation of the club's activities.

## Rotaract & RCC leaders



**Bijoy Antony**

**Role: President Rotaract, Presidency University**

Brings together people of ages 18-30 to participate in all RBO service activities to exchange ideas, develop the community and have fun through service. Ensures commitment and continuity in projects jointly undertaken.



**Usha Narayanan**

**Role: President of Rotary Community Corps (RCC) of Rajanukunte**

The RCC President is the lead for all community projects undertaken for the upliftment of Rajanukunte alongwith sponsor club Rotary Bangalore Oasis. RCC members will also play a key role in supporting all local RBO club projects.

## Welcoming new members to the RBO family

**Yaso Padala**



Yaso Padala hails from Nellore, Andhra Pradesh and was schooled at the Kendriya Vidyalayas, in the cities of Kota, Rajasthan and Kalpakkam, Tamil Nadu.

After achieving her college degree as a Bachelor of Science Education, she moved to Mysore for her masters in the same field at the Regional Institute of Education.

Yaso has worked as a scientific officer at the Reactor Physics department at Bhabha Atomic Research Center, Mumbai for eleven years. It was also during this time she got married to Paramaguru Sambandam. They then migrated to Canada in 2001.

In Toronto, Yaso was a childhood educator for five years. Their daughter Ananya was born in 2007 and it was when the family decided to move back to India to be close with their parents who were getting on in years. After they returned to India, they made Bangalore their home.

While their daughter Ananya is growing up, Yaso is a happy homemaker and is enjoying her role as a mother, a wife, a daughter and a daughter-in-law, wife in her household.

**Sachin Gururaj**



Sachin is a successful entrepreneur with about ~22 years of Business and IT exposure in Healthcare and Supply Chain Management. He has a special interest in Relational database and is currently developing a flat file database engine. He is also a creator of multiple frameworks in Microsoft Tech. without any commercial interest. Sachin has extensively traveled to multiple countries and has been recognised for a HRMS product developed under his guidance. He also has special recognition for Scrum development in the Healthcare and Hospitality domains.

Sachin is co-founder at Hasiru Foods Pvt. Ltd., a small IT Company and is also associated with a large scale Animal Health Indian Multinational. He is married to Sujatha and has 2 sons Samith an IAS aspirant/Carnatic singer and Sujan. Sachin is a Rotarian for almost 12 years and is passionate about the *Rotary Means Business International* Fellowship for which he has been a founder Director. He has an interest in Acting/Directing, Wildlife Photography, Traveling, Swimming, Theater dramas, and Reading Books.

Sachin adheres to the 4 way test in all walks of his life.

## RBO projects

### Benches for the Government school

During the rehabilitation of the government school (an earlier project taken up by RBO), our Rotarians were constantly visiting the school. It was during this time that the headmaster and teachers approached our Rotarians and mentioned about the students having no benches and had to sit on the floor. As this was a Government school at the Panchayat, it was also an examination centre for other students too. During exam times the school headmaster, the teachers and management had to borrow benches from other schools and return them back after the examinations. They also had to move their schedules around the availability of the benches with the other schools. Logistics was another issue. The benches were needed soon as the school examinations were fast approaching. A proposal was put up with the RBO board and it was unanimously voted as a yes. Reaching out to the district did not happen as expected and there were delays.

The Rotarians of Oasis decided to take this upon themselves and move ahead as time was of essence. A few Rotarians donated generously, immediately and quickly as examinations were fast approaching. With the 2 lakhs collected, we could provide them with 50 benches as against the 130 numbers the school had requested. We will be continuing this in the coming years to get them the benches they need. A lot more to do there, but at this time the staff and the students are happy. And so are we at RBO to see the smiling faces of the students.



### Gift a mask

Rotary Club of Bangalore Oasis responded to the district's clarion call for the 'Gift a mask' program by aiding the 10th standard students from the Government High school at Rajanukunte who had to attend their much delayed SSLC board exams due to the pandemic. They were in urgent need of sanitizers and masks.

RBO arranged for 600 masks for the 300 students, 20 litres of sanitizers and also a couple of sanitizer dispensers. These were handed over to the Headmaster Mr. Kantharaju by RBO's Rtn, Anand Kumar on 23rd June, 2020.

Under the 'Gift a mask' program, the district identified a number of NGO's to procure reusable, cloth masks. We got ours from People's Trust, made by the ladies of Sriramanahalli. They worked within their Gramalakshmi program under the able guidance of Mr. Harish Uthaiyah to create these re-usable cloth masks.

As the Government School is an examination centre, the masks were used by all the students from different schools attending exams here.



Continued on the next page.

And at the end of it all, we had a very thankful English master Mr.Venkatesh, who articulated via a WhatsApp message.



Mr. Kantharaju, Head Master



Mr. Venkatesh, English Master

"Thank you one and all. All the Rotarians, People's Trust and the Education department for providing very good quality usable masks to our students to move very safely and confidently to write SSLC examinations. Once again thank you very much for good support, encouragement and helping hand. And also special thanks to Rotary Oasis Rajanukunte Bangalore for giving sensor sanitization machines, masks and sanitizers to our school. First time our school students are writing the examination without borrowing desks from other schools only because of Rotary Oasis Rajanukunte Bangalore's support and help. Given a very new, good quality and long durable 50 desks worth two lakh rupees.

Thank you Sharma sir, Anand sir, Paramguru sir, Paul sir, Thimmareddy sir, Usha madam and all Rotarians and non Rotarians who supported economically. Thank you Harish Uthaiiah sir".

**Mr. Venkatesh, English Master**

On behalf of the Headmaster & students  
Government High School, Rajanukunte

## COVID-19: Masking it up - a few precautions

Following the Government of India's directive to use Do it yourself (DIY) masks, some points to remember.

- Ensure the cloth mask covers the areas of your mouth and nose completely. One person must have 2 masks, to be interchanged for cleanliness and hygiene purposes.
- Wash your mask frequently soaking and subsequently washing it in boiling water. Dry thoroughly before you wear it again. Importantly, wash your hands for 20 seconds prior to applying the mask over your face.
- Do not share your mask with anyone. Not even family member as germs can easily be passed on.
- Cloth masks are not to be used on children below 2 years of age or those with severe breathing problems. Consult your doctor for best advice in this regard.
- Do not attempt to scratch your face under the mask.

### Six common & dangerous mistakes you make while wearing your masks

1. Your mask should not be too big or too small. It has to be just right - perfectly fitted.
2. Adjusting your mask can increase transmission risks.
3. Do not keep your nose exposed, the virus enters mucous membranes - eyes, nose & mouth.
4. Removing the mask to talk is not a good idea. It results in droplet and surface transmission. Avoid it.
5. Don't switch sides of your mask unless it is washed/sanitized. Bacteria settled outside will enter your body.
6. Remove masks the right way by holding the straps to sanitize or dispose it.





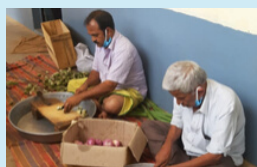
## Not all heroes wear capes

Crises can create great solidarity. When people unite, miracles can happen. They did. And at the fore of it all, in the true spirit of Rotary's motto of *'service above self'* was RBO's Anand Kumar. Here he is sharing his experience of two months on the ground when the pandemic hit. Kudos Rtn. Anand!

It was the second day after lockdown and all of us were struggling. But the worst hit were the poor and needy who had no means to feed their families. With no source of work or payment the situation was dire and bleak. A few of us with the help of donations from RBO members we started doling out care packages with basic necessities for a month, for each family. Along with the help of the Rajanukunte Panchayat, we identified the ones that needed help the most and about 3000 food packets were distributed daily (average) in the villages of Adde, Sadenahalli, Addiganahalli, Itakalpura, Vishwanathapura and Rajanukunte. Along with the needy, we also got word from the Rajanukunte police station that about 350 inter-state migrants who had no way to reach their homes were stuck. We ferried them across to the Government school at Rajanukunte and housed them there. The next step was to feed them. Along with the rations, we also got volunteers to help rustle up meals for our temporary guests. Three simple meals a day were provided - breakfast, lunch and dinner. It was heartening to see people from all walks of life coming together to help with cash and kind and support our fellow beings. As word started spreading out, we found that there were families stranded in about 1250 sheds all across. I ferried whoever I could in my car. When I spoke to them, many teared up saying how getting a meal for many days was really tough. The fear and uncertainty had them crumbling. Listening to them, upholding whatever little belief that they had at that time, and me giving them a little confidence that things would get better was as important as giving them sustenance with food and shelter.



### Rations - DISTRIBUTE. Grains & Vegetables - COOK. Share - SERVE. Clean - WASH. Rinse - REPEAT.



Seeing the little ones with their hands out for a little bit of food and the hope in their eyes will remain with me for a long time. Once you start seeing the ground realities, it is then that you understand privilege. This really struck me a lot!

The other thing that was needed was clothes. We got boxes of them from the communities nearby. Unused clothes that could be given away and we also got other immediate and required staples like towels and some other stuff purchased.

While all this was going on, Several long discussions took place parallelly with various offices and also the labor department to see how best these migrants could be send back to their homes in other states. One set was sent off in the Shramik train as many as we could accommodate. Because of social distancing, it was a limited number. After two months, we worked with the other agencies and the remaining were sent off on special buses.

This whole ordeal started on March 29th and ended on May 30th.

At the end of it all, I am left wondering if one of the legacies of this pandemic is a world that is a little more kinder and more caring?

## When compassion for mankind ruled, humanity prevailed!

A smile amongst a sea of anxious faces, cooking extra for friends, care packages for the needy, money to make this happen, lending a listening ear to help out and more. Humanity is here. We have witnessed unimaginable acts of kindness and bravery, fueled by our instinctive desire to help each other. RBO with our neighbours came together to make a situation better for stranded migrants by feeding and raising their spirits. We'd like to acknowledge everyone who have worked with us in this humanitarian activity that has touched all of us.

To all the humanitarians who made contributions of cash and kind - volunteers from RCC, the Rajanukunte Panchayat, People's Trust NGO, RBO members and friends, not to forget Rtn. Anand Kumar, and a whole lot of others mentioned in the list below - we'd like to say **thank you muchly and may your tribe increase.**

Here is a list of the all donors.

1. Mrs. Usha Narayanan
2. Rtn. Ramana Anavarapu
3. Rtn. Vikram Samsi
4. Rtn. Hemant Sharma
5. Rtn. Jayaram Ranjan
6. Rtn. Paul Mundackal
7. Rtn. Paramaguru Sambandam
8. Rtn. Venugopala
9. Rtn. Sriram Govindarajan
10. Rtn. Arun Bhagra
11. Mr. Ram Padala (Paramaguru's FIL)
12. Annet. Nishay Sharma
13. Mr. Telikicherla Sahadev (Aparna's father)
14. Mrs. Shakuntala Samsi (Vikram's mother)
15. Annet Tarah (The Bhagras 'grand daughter)
16. Mr. Vijayan , North West County
17. Mr. Matthew, North West County
18. Mr. Ajit, North West County
19. Mr. Thomas Cherian, Prestige Oasis
20. Mr. Arvind Sood, Prestige Oasis
21. Mr. Yogesh, Shriram Suhaana
22. Mr. Rohit Bandwalker, Silver Oak
23. Mr. Sudhir, Shriram Suhaana
24. Mr. Richard Tan, Singapore
25. Mr. Sukanta, Shriram Suhaana
26. Ms. Gissy Michael , Shriram Suhaana
27. Mr. Velumuruga Pyda, Shriram Suhaana
28. Mrs. Sugantha Ramadurai, Chennai
29. Mr. Alistair Charles Stubbs
30. Mrs. Amarjit
31. M/s. Skyland Super Market, Avalahalli
32. Mr. Sunil, Shriram Suhaana
33. Rtn. Manjula E.
34. Rtn. Vinay Anand
35. Mr. Rahul Luthra, DS Max
36. Prestige Oasis Community
37. Prestige North West County Community
38. Mr. Mathew, North West County
39. M/s. Prestige North West County Owners Association
40. M/s. People's Trust, NGO, Sriramanahalli
41. Mr. Harish, People's Trust



## Oasisianns unplugged - Ruminations!

The Oasisianns have not been able to meet ever since the Covid-19 lock down. After having spoken with some of our anns, I know that all doing well as the situation allows us to be. Having reassured ourselves and reconnecting with our respective families during these challenging times, everyone's doing okay. I was also talking to a doctor friend who deals in emotional and behavioural problems. Something she said to me struck a chord. Looking at things from an individual and psychological level, how are we handling the new normal? Every person is experiencing it differently. So how are we managing this? A few thoughts to ponder on the things that have changed for many of us.

**Feelings of fear & negative emotions:** It is easy to be overwhelmed when you feel that circumstances are out of your control. Suppressing or denying your emotions will only make you vulnerable to depression or burnout.

**Can we do this instead?**  
- Choose a relaxation technique like meditation, yoga or pranayama. Do this as a daily practise. Exercise regularly. It is a natural & effective stress-reliever, an excellent anti-anxiety treatment. Eat a healthy diet to maintain your energy levels and prevent mood swings. Get plenty of sleep.

**Heightened uncertainty:** Things are incredibly uncertain right now for all of us – about our health, the health of loved ones, shaky economy, individual financial situations, etc. All of these uncertainties are triggering feelings of stress in different ways.

**Can we do this instead?** - Take action to refocus your mind on the things you can control. By doing this, you'll switch from ineffective worrying into active problem-solving mode. Controlling of our attitude & our emotional responses can be the only things that is possible in certain situations.

**Isolation & loneliness:** Human connection is vital for our sense of well-being and is also coping mechanism. Limiting social interaction is likely to have an impact on our mood.  
**Can we do this instead?** - Stay connected virtually. Keep your spirits up when things are tough. Plan home based activities like learning a new skill, learning a language or baking something you've not made before. The sense of achievement helps to boost your mental well-being, as well as pass time.

**A sense of restriction:** Of not being able to do our usual things – not just work or school, but things like visits to dentists, coffee shops, salons, restaurants, shops and more.  
**Can we do this instead?** - Feel & acknowledge the restriction. It's probably something you've felt many times before but didn't accept it. You will feel better with a sense openness and freedom.

**Us and nature:** The earth has been healing itself while we were locked down. Reports of ozone layer sealing, pristine water bodies, and more tells us the power nature possesses to make things right. So...  
**Can we do this going forward?** - Let us not waste water. Use less paper. Re-cycle. Not throw garbage in our water bodies or on the roads. Be more compassionate and kinder. Feed strays. Be responsible tourists & clean up after ourselves. It is our responsibility towards the environment. Let us all play our accountable parts. And let us start now!



## Mental health matters

The illustrations below say what not to do; but they *underline* the quiet power of empathic listening. If someone you know needs help, Lend a ear. BE SUPPORTIVE!



Image source: A Whatsapp forward

**OBSERVE & LISTEN!** You'll know that someone is experiencing depression if they seem sad or tearful, appear more pessimistic than usual, talk about feeling guilt and/or worthlessness. They can be unusually irritable and seem less interested in spending time together or communicate less frequently than they normally would. They also will seem to have less energy, move slowly, or are generally listless and neglect basic hygiene. Sleep cycles will be affected (exceedingly more or less), lose interest in previous activities or interests, seem forgetful or have trouble to concentrate or decide things, eat more or eat less than usual and/or talk about death or suicide. Let us assist where we can. Help them get professional support.

### FOR HELP:

[7cups.com](http://7cups.com) is a site where emotional support is provided in the form of online therapy and free counselling.

[The Live Love Laugh foundation](http://TheLiveLoveLaughFoundation.org) site lists out helplines across India to reach out to.

**Note:** This article is for your awareness and to help you understand someone who needs support but does not voice it. It is about time we acknowledged that mental health is a serious issue and give it the importance it needs. Let us help reverse the damning suicide statistics. Spread the message. Life is beautiful.

## How to help a depressed friend - a few tips

**Listen to them** - Keep in mind that your friend may just want to talk about what they are feeling, and are not really seeking advice.

**Don't minimize or compare their experience** - Avoid words like - "I understand" or "We've all been there (unless you have). Listen.

**Help them find support** - Back them up and encourage them if they are struggling to make that first therapist appointment.

**Offer to help with everyday tasks** - Day-to-day tasks can feel overwhelming. Instead of saying "Let me know if there's anything I can do," consider saying, "What do you most need help with today?"

**Don't take things personally** - Try not to let it get to you if they seem to lash out at you in anger or frustration. You might, at some point, need a break from your friend. It's okay.

**Take care of yourself** - If you put all your energy into your friend, you are left with little time for yourself. You won't be much help to your friend if you feel burned out or frustrated.

**Set boundaries** - You might let your friend know you're available to talk after you get home from work, but not before then. Be gentle but let them know that you have a life too.

**Don't try to fix them** - Depression is a serious health condition that requires professional treatment. Positive support can let your friend know they do really matter to you.

**Support them in continuing their therapy** - Depression may zap their energy & increase the need to self-isolate. Support them to keep at it and take medication regularly.

**Be patient** - Even if treatments are successful, it doesn't always mean depression goes away entirely. Your friend may continue to have some symptoms from time to time.

Source: [www.healthline.com](http://www.healthline.com)

## Rotary Fellowships

The Rotary Fellowships are independent groups of Rotarians and their spouses sharing a common passion. Fellowship activities vary widely. Members come together around hobbies or interests such as cricket or jazz, or vocations like writing or medicine.

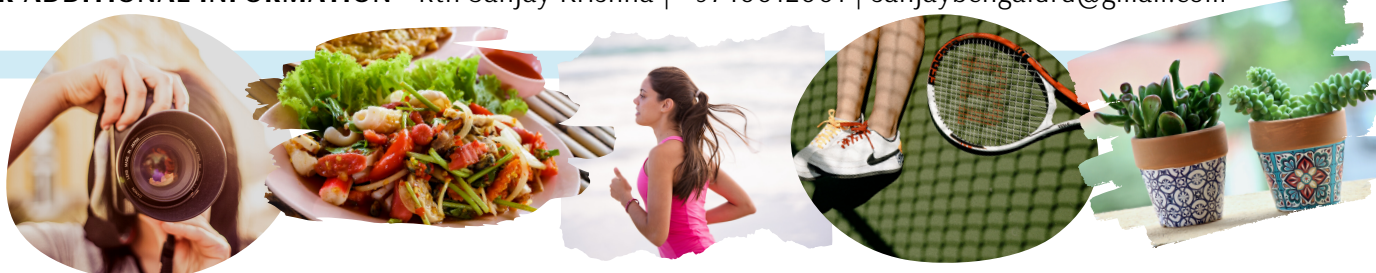
Some groups are purely social while others use their fellowship for service projects. To remain viable, a fellowship should have a long-term plan, have effective communication and meetings that bring members together. [Click here](#) to know more about the International Rotary fellowships.

And here are the fellowship groups from District 3190.

The underlined and coloured fonts are linked to their respective websites (where available). There you go, some more ways to have fun in the hood. I mean Rotary :)



1. [Rotarians of Amateur Radio \(R.O.A.R.\)](#) | Rtn. Shobha Murali | # 98801 95193 | shobhamurali@yahoo.com
  2. International Fellowship of Badminton Rotarians | Rtn.NT.Sagar | # 98455 39014 | sagar@shirdisaidevelopers.org
  3. [International Chess fellowship of Rotarians](#) | Rtn.Jayachandra Aradhya | 98440 40444 | aradhya@gmail.com
  4. International Fellowship for Cricket Loving Rotarians | Rtn. Basavaraj GS. | # 98440 13567 | gsbasu@gmail.com
  5. [The International fellowship cycling to serve](#) | Rtn. Ganapathy MA. | #93412 4674 | NA
  6. [India Golfing Fellowship of Rotarians](#) | Rtn. D.Ashok | #98450 68761 | dashok@gmail.com
  7. [Motorcycling Rotarians India Chapter](#) | Rtn. Prashanth Babu | #98458 31788 soonangi@gmail.com
  8. [The International Fellowship of Rotarian Musicians](#) | Rtn. Kavita Pishay | #97438 85555 | Kavita.pishay@gmail.com
  9. [International Fellowship of Rotarian Photographers](#) | Rtn. Sunil Telkar | #98450 68761 | sunilraot@gmail.com
  10. [Rotary Means Business Fellowship](#) | Rtn. Om Prakash Kandal #98455 44653 | omprakash@conscientia.in
  11. [International Tennis Fellowship of Rotarians\(ITFR\)](#) | Rtn.Mohan Gurjar | #98450 25580 | gurjarmohan@yahoo.com
  12. [Rotarians Wine fellowship of India](#) | Rtn. Pradeep Lal #98450 07113 | capt.pradeeplal@gmail.com
  13. Rotary Performing Arts Fellowship of India | Rtn. Vijay Tadimalla | #99806 25298 | vijay.tadimalla@gmail.com
  14. Fellowship of Food loving Rotarians in India | PDG Rtn. Dr .S.Nagendra | #98456 39001 | vindhyashree@gmail.com
  15. Fellowship of Movie loving Rotarians in India | Rtn. Shashank Kekre | #98450 40350 | shashank\_kekre@hotmail.com
  16. Toastmasters International Fellowship of Rotarians | Rtn. B.K.Krishnamurthy | #97397 55500 | krishmbk@yahoo.co.in
  17. [Beers Rotarians Enjoy Worldwide \(BREW\)](#) | Rtn. Shankar Srinivas | #98801 21880 | shankarsrinivas@gmail.com
  18. Green thumb Rotarians | Rtn. John Daniel | #92431 01670 | Rtn.johndaniel3190@gmail.com
  19. Fellowship of Trekking Rotarians | Rtn. Abhay Kanjekar | #96861 88912 | abhaykanjekar@gmail.com
  20. [Table Tennis fellowship of Rotarians](#) | Rtr. Krishnarjun | #90081 74922 | Rtr.krishnarjun@gmail.com
  21. [International Fellowship of Shooting Sport Rotarians](#) | Rtn. Sudhakar.K | #78925 91372 | sudhakar.ktpl@icloud.com
  22. [Global Yoga and Meditation Fellowship](#) | Dr.B. Amaranath | #98440 43442 | dr.amaranath.b@gmail.com
  23. Ice Cream Loving Rotarians Worldwide | Rtn. Prashanth Babu | #9845831788 | soonangi@gmail.com
  24. Whiskey Appreciating Rotarians And Members (WARM) | Rtn. Vijay Mane | #98450 20868 | vijay.mane@effx.com
  25. Fellowship of Rotarian Wildlifers | Rtn. Sanjay Krishna | #9740012001 | ifrw2020@gmail.com
  26. Intl. Fellowship of Wellness & Fitness Rotarians | Rtn. B.K.Krishnamurthy | #97397 55500 | krishmbk@yahoo.co.in
  27. Rotarian Marathoners Fellowship(RMF) | Rtn. Jagadish D | #99029 08922 | rtn.jagadishd@gmail.com
  28. Fellowship of e-Gaming Rotarians | Rtn. Shailesh Agarwal | #95916 51000 | shaileshretail@gmail.com
- FOR ADDITIONAL INFORMATION** - Rtn Sanjay Krishna | #9740012001 | sanjaybengaluru@gmail.com



## From the Rotary vault

Have you wondered about how the Rotary wheel as our official emblem came about? Here are some interesting facts we found.



In 1905, Paul Harris and his club agreed a wheel should be the emblem of Rotary. Harry Ruggles, a member and a printer, chose a buggy wheel, a bold circle with a hub and spokes. Ruggles is therefore credited for designing the first print/badge version of the wheel.

By 1906, it was thought that the design was too plain. Montague M. Bear, an engraver, added a few clouds (or dust?) to indicate a wheel in motion and the words "Rotary Club" were added. This design was changed again and the words "Rotary Club" were inscribed on a ribbon that was introduced to the design.

Other Rotary clubs had been forming by then, using the wheel as a basic design. Many added features to identify their club with their city, such an oak tree for Oakland, California and so on.

In 1910, there were 16 Rotary Clubs and 16 designs. That was the year the first Rotary convention, was held in Chicago, the birthplace of Rotary and where the National Association of Rotary Clubs was formed.

The word "National Association", in the logo, above the wheel was added at this time.

In 1912, a gear wheel in royal blue and gold was adopted as the official emblem. By 1920, there were fifty seven different emblems nationally.

This again was redesigned when it was noted that the wheel had no keyway (notched hole in the middle) and without it, the gear was not capable of transmitting power to, or from, the shaft.

The re-engineered, mechanically-correct Rotary wheel was approved by the Rotary International Board in 1924.

The evolved "new" emblem, in royal blue and gold, has remained unchanged ever since.

### The Rotary International Convention

Each May or June, Rotary International holds a worldwide convention to stimulate, inspire and inform all of our Rotarians at an international level.

The convention, which may not be held in the same country for more than two consecutive years, is the annual meeting to conduct the business of the association.

The planning process for the Rotary International convention usually begins about four or five years in advance.

### The Rotary District Conference

A district conference is for the club members and their spouses and is mainly about fellowship, good fun, inspirational speakers and discussion of matters which make one's Rotary membership more meaningful. Being a Rotarian becomes more rewarding due to the new experiences, insights and acquaintances developed at the conference. Those who attend a conference enjoy going back, year after year.

### The Rotary District Assembly

The annual District Assembly is the major leadership training event in each Rotary district of the world. It offers motivation, inspiration, Rotary information and new ideas for club officers, directors and key committee chairmen of each club. Informative discussions are held on all phases of Rotary admin. and service projects. Usually delegates from each club are invited to attend these assemblies, which are nothing but trainings.

Rotary



## The Four-Way Test

of what we think, say or do

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build good will and better friendships?
4. Will it be beneficial to all concerned?

# Congratulations & Celebrations

## Birthdays

### Belated wishes

#### APRIL

Annet. Ananya Paramaguru - 4th  
Annet. Nidhi Paul - 11th  
Rtn. Jayaram Ranjan - 15th  
Rtn. M.J. Mathews - 16th  
Rtn. Sriram Govindarajan - 17th

#### MAY

Rtn. Manjula Anand - 16th  
Annet. Suhas Gowda - 21st  
Annet. Dheeraj Kumar - 22nd  
Ann. Deepa D.G - 25th  
Ann. Dolly Singh - 25th  
Rtn. Paul Mundackal - 25th  
Rtn. Ruby Singh - 30th

#### JUNE

Rtn. Babu R.T - 15th  
Rtn. Aparna Annavarapu - 18th  
Annet. Reet Singh - 21st  
Ann. Ramya Vinay - 30th  
Ann. Celine Mathews - 30th

## Birthday wishes

#### JULY

Rtn. Pammy Bhagra - 10th  
Annet. Janmith - 10th  
Ann. Yaso Padala - 15th  
Ann. Saranya Sriram - 24th

## Anniversaries

### Belated wishes

Rtns. Hemant & Shuchita Sharma - 10th April  
Rtn. Vinay Anand & Ann. Ramya - 30th April  
Rtn. Vadiraj & Ann. Deepa Purohit - 11th May  
Rtn. Babu R.T & Ann. Pushpa - 24th May  
Rtn. Paul Mundackal & Ann. Geeta - 30th May  
Rtn. Mohan & Ann. Gayathri - 5th June  
Rtn. Jayaram Rangan & Ann. Gomathy - 9th June  
Rtn. M.J. Mathews & Ann. Celine - 12th June

**There are no wedding anniversaries for the month of July.**

Note: If we have missed out any birthday or anniversary do let us know. We thank you for your understanding that this is not deliberate and our best wishes are always with you.

## Humour me



### Lexophilia

Lexophilia is a word used to describe those that have a love for words, such as "you can tune a piano, but you can't tuna fish", or "to write with a broken pencil is pointless.". We came across some & wanted to share.

- A man's home is his castle, in a manor of speaking.
- When two egotists meet, it's an I for an I.
- A thief who stole a calendar got twelve months.
- When she saw her first strands of grey hair she thought she'd dye.
- A will is a dead giveaway.
- A dentist and a manicurist married. They fought tooth and nail.
- A boiled egg is hard to beat.
- The batteries were given out free of charge.
- With her marriage, she got a new name and a dress.
- Acupuncture is a jab well done.
- He had a photographic memory which was never developed.
- Reading while sunbathing makes you well red.
- Those who jump off a bridge in Paris are in Seine.
- A hangover is the wrath of grapes.
- A chicken crossing the road is poultry in motion.
- Every calendar's days are numbered.

### Hip definitions

- **Adult:** A person who has stopped growing at both ends and is now growing in the middle.
- **Committee:** A body that keeps minutes and wastes hours.
- **Beauty parlour:** A place where women curl up and dye.
- **Egotist:** Someone who is usually me-deep in conversation.
- **Raisin:** A grape with a bad sunburn.
- **Wrinkles:** something other people have.
- **Toothache:** The pain that drives you to extraction.
- **Dust:** Mud with the juice squeezed out.
- **Yawn:** An honest opinion openly expressed.



Are you interested to:

Be a part of the e-zine committee?

Share a story?

Nominate someone for a feature?

Report an error?

Provide constructive feedback?

Please email us - [rotaryoasis@gmail.com](mailto:rotaryoasis@gmail.com)

We also appreciate extreme praise! :) Thank you muchly for your time.